

To,

1st April, 2020

Department of Corporate Services,
BSE Limited,
PhirozeJeejeebhoy Towers,
Dalal Street, Fort, Mumbai – 400 001
(Scrip ID – AAYUSH, Scrip Code – 539528)

The Listing Department,
Metropolitan Stock Exchange of India Limited,
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,
Opp. Trident Hotel, BandraKurla Complex, Bandra (E),
Mumbai – 400 098
(Symbol – AAYUSH, Series – EQ)

Dear Sir/Mam,

Subject: Closure of Trading Window

Pursuant to the BSE Circular No. LIST/COMP/01/2019-20 dated 2nd April, 2019, in compliance of the provisions of the SEBI (Prohibition of Insider Trading) Regulations, 2015 (PIT Regulations) and the Company's Code of Conduct for Regulating, Monitoring and Reporting of the Trading in securities by "Designated Persons" for Trading Window for dealing in the securities of the Company for all the Designated Persons, shall remain closed with immediate effect, i.e., **1st April, 2020 till the expiry of 48 hours** after the Audited Financial Results for the quarter and financial year ended 31st March, 2020 being published.

The date of Board Meeting to consider the Audited Financial Results for the quarter and financial year ended 31st March, 2020 shall be intimated separately in due course.

Kindly take the same on your records.

Thanking You,
Yours faithfully
For **Aayush Food and Herbs Limited**

Sd/-
Pallavi Mittal
Managing Director