

# Aayush Food and Herbs Limited

Registered Office : W-321, Chirag Delhi, New Delhi-110017, Tel.: 011-41009092  
Email: aayushfoodherbs@gmail.com, www.aayushfoods.com, CIN: L01122DL1984PLC018307

31<sup>st</sup> July, 2019

To,  
Department of Corporate Services  
**BSE Limited**  
PhirozeJeejeebhoy Towers,  
Dalal Street, Fort, Mumbai – 400 001  
**(Scrip ID – AAYUSH, Scrip Code – 539528)**

The Listing Department  
**Metropolitan Stock Exchange of India Limited,**  
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,  
Opp. Trident Hotel, BandraKurla Complex, Bandra (E),  
Mumbai – 400 098  
**(Symbol – AAYUSH, Series – EQ)**

Dear Sir/Ma'm,

**Sub: Notice of Board Meeting in compliance with Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015**


Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, Notice is hereby given that a meeting of the Board of Directors of the Company will be held on Monday, the 12<sup>th</sup> August, 2019 at the Registered Office of the Company at W-321, Ground Floor, Chirag Delhi, New Delhi- 110017 to consider, interalia, Unaudited Financial Results of the Company for the quarter ended 30<sup>th</sup> June, 2019 and other business, if any, with permission of the Board.

Further to our notice, the Trading Window for dealing the securities of the Company will remain closed for all the Designated Persons of the company till the expiry of 48 hours after the Unaudited Financial Results for the quarter ended 30<sup>th</sup> June, 2019 being published.

Kindly take the same on your records.

Thanking You,

Yours faithfully  
For Aayush Food and Herbs Limited

  
**Preeti Kataria**  
Company Secretary