

# Aayush Food and Herbs Limited

Registered Office : W-321, Ground Floor, Chirag Delhi, New Delhi-110017, Tel.: 011-46095455  
Email: aayushfoodherbs@gmail.com, www.aayushfoods.com, CIN: L01122DL1984PLC018307

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To,

27<sup>th</sup> August, 2019

Department of Corporate Services  
**BSE Limited**  
PhirozeJeejeebhoy Towers,  
Dalal Street, Fort, Mumbai – 400 001  
**(Scrip ID – AAYUSH, Scrip Code – 539528)**

The Listing Department  
**Metropolitan Stock Exchange of India Limited,**  
Vibgyor Towers, 4th floor, Plot No C 62, G - Block,  
Opp. Trident Hotel, BandraKurla Complex, Bandra (E),  
Mumbai – 400 098  
**(Symbol – AAYUSH, Series – EQ)**

Dear Sir/Ma'am,

**Sub: Intimation of Resignation of Mrs. Reema Aggarwal, Director under Regulation 30 of SEBI (Listing Obligation & Disclosure Requirements) Regulations 2015**

With due reference to the provisions of Section 203 of Companies Act, 2013 and Regulation 6 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, we would like to inform you that Mrs. Reema Aggarwal, Director resigned from the Board of the Company with effect from 27<sup>th</sup> August, 2019.

You are kindly requested to take note of the same.

Thanking You,

Yours faithfully  
For **Aayush Food and Herbs Limited**

  
Preeti Kataria  
Company Secretary