

# Aayush Food and Herbs Limited

Registered Office : G-321, 1st Floor, Chirag Delhi, New Delhi-110017, Tel.: 011-46095455  
Email: aayushfoodherbs@gmail.com, www.aayushfoods.com, CIN: L01122DL1984PLC018307

30<sup>th</sup> January 2016

Department of Corporate Services

**BSE Limited**

Phiroze Jeejeebhoy Towers,  
Dalal Street, Fort, Mumbai – 400 001

**(Scrip ID – AAYUSH, Scrip Code – 539528)**

The Listing Department

**Metropolitan Stock Exchange of India Limited,**

Vibgyor Towers, 4th floor, Plot No C 62, G - Block,  
Opp. Trident Hotel, Bandra Kurla Complex, Bandra (E),  
Mumbai – 400 098

**(Symbol – AAYUSH, Series – BE)**

Dear Sir/Ma'm,

**Sub: Notice of Board Meeting in compliance with Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015**

Pursuant to Regulation 29 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015, Notice is hereby given that a meeting of the Board of Directors of the Company will be held on Friday, the 12<sup>th</sup> February, 2016 at the Registered Office of the Company at G-321, Chirag Delhi, Delhi- 110017 to consider interalia Unaudited Financial Results of the Company for the quarter ended December 31<sup>st</sup>, 2015.

Further as per SEBI (Prohibition of Insider Trading) Regulations, 2015 the **Trading Window** for dealing in Equity Shares of the Company will remain closed for all Directors/Officers/ Designated Employees of the Company from January 30, 2016 till the completion of 48 hours after the results of Board Meeting as referred above are made public for the purpose of consideration of Un-audited Financial Results for the Quarter ended December 31, 2015 on February 12, 2016.

Kindly take the same on your records.

Thanking You,

Yours faithfully

For **Aayush Food and Herbs Limited**

*Khushbu Mittal*

(Khushbu Mittal)  
Company Secretary

